



# artsinmedicine

## Music intervention

Music is a therapeutic enhancement to the healing process. Certified music practitioners come to the patient's bedside and play live music that promotes healing and relaxation and reduces stress.

### **Benefits of music intervention:**

- Normalizes blood pressure
- Calms labored or erratic breathing
- Alleviates nausea
- Relieves anxiety or stress
- Fosters a sense of safety and well-being
- Helps relieve insomnia
- Provides comfort during a stressful or painful procedure
- Supports palliative care and end-of-life transitions for patients, families and caregivers



## Music-thanatology

Music-thanatology is a professional field within the sub-specialty of palliative care. It is a musical/clinical modality that unites music and medicine in end-of-life care. The music-thanatologist utilizes harp and voice at the bedside to lovingly serve the physical, emotional and spiritual needs of the dying and their loved ones with prescriptively delivered music.

## Services

Music practitioner services are donor-funded and free of charge to patients. To receive this service, please make a request to a member of the patient's medical team, or call the Patient Resource Center.

**[BSWHealth.com/CancerSupport](https://www.bswhealth.com/CancerSupport)  
214.820.2609**



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