

## Local Support Groups and other Resources

### Bereavement

#### Visiting Nurse Association Hospice

Bereavement luncheons, support groups, workshops

Dallas County: Sue Rafferty, 214-689-2922

Collin County: 972-562-0140

Kaufman County: Clayton McCord, 972-962-7500

Tarrant County: 817-654-4494

Ann's Haven VNA, Denton County: 940-349-5900

#### Medical Center of Plano

"Healing Matters I & II"

3901 W. 15th St., Plano, TX 75075

Contact: Ginny Robinson, 972-519-1588

#### St. Mark Pastoral Center

"New Day" Available in English & Spanish

1100 W. 15th St., Plano, TX 75075

Family Ministry Conference Room, Suite 5 on the 2nd Floor

Contact: Ellen Mechler, 972-423- 5600 ext. 230

Contact: Debbie Gonzalez, 972-423-5600 ext. 235

### Grief Support

Grief support program offered by a number of local churches, from a Christian biblical perspective. To find locations go to [www.griefshare.org/findagroup](http://www.griefshare.org/findagroup). Contact your local place of worship to get information on their grief support services offered.

### Widows and Widowers

#### Scotfield Memorial Church

214-349-6043 - Office: Melanie McNutt

7730 Abrams, Dallas, Texas 75231-3902

Contact: Leroy Tennison, Grief Instructor, 469-220-7620

Tues. 7-9pm; 13 week Series, Grief share materials w/video followed by discussion. OK to join classes anytime.

#### Widowed Persons Services

9027 Midway Rd, Dallas, TX 75209

214-358-4155

An all volunteer organization; the city is split into 12 regions and there are activities going on all the time: grief counseling; social activities; breakfasts.

### Loss of a Child

**The Compassionate Friends** Loss of a child of any age

Carrollton/Farmers Branch:

P.O. Box 112157, Carrollton, TX 75011-2157

Contact: Rochelle Shore, 214-402-1252

Plano: Christ United Methodist Church

3101 Coit Rd. Plano, TX 75093

Contact Sandy Craig, 972-424-3954

Garland-Mesquite: Carol Jones, 972-771-1097

Duncanville: George Crews, 972-298-6753

Fort Worth: Charles & Genie Dean, 817-625-6621

Sherman: Linda McDougal, 903-814-6688

[www.compassionatefriends.org](http://www.compassionatefriends.org)

National toll-free number: 1-877-969-0010

#### Medical Center of Plano

"Healing Matters I", Support group, loss of baby

3901 W. 15th St., Plano, TX 75075

Contact: Ginny Robinson, 972-519-1588

#### MEND, Mommies Enduring Neonatal Death

P.O. Box 1007 Coppell, TX 75019

[www.mend.org](http://www.mend.org)

Contact: Rebecca Mitchell, 972-506-9000

### Support Groups for Children

#### Grief Works

6320 LBJ Freeway Suite. 122, Dallas

972-960-9981

[www.christianservices-sw.org/griefworks](http://www.christianservices-sw.org/griefworks)

#### Journey of Hope

3900 W. 15th St., Suite 306, Plano

972-964-1600

[www.johgriefsupport.org](http://www.johgriefsupport.org)

#### The Warm Place

1510 Cooper St., Fort Worth, Texas 76104

817-870-2272

[www.thewarmplace.org](http://www.thewarmplace.org)

#### SafeHaven: Ann's Haven VNA, Denton

Eight week bereavement support group for children, teens, and families, offered twice yearly

Contact: Kirsten Kaae, 940-349-5900

### Cancer Groups

**Gilda's Club North Texas** (loss from cancer)

2710 Oak Lawn, Dallas, TX 75219

Contact: Laurie Petty, 214-219-8877

[www.gildasclubtx.com](http://www.gildasclubtx.com)

#### Patient Comprehensive Cancer Center

Grief Support Group

4352 N. Josey

3rd Wednesday, 12:00pm

Contact: Tina Withrow, 972-395-1010

### **American Cancer Society, Life after Loss**

A 6-week bereavement support program for anyone who has experienced the death of a loved one from any cause. Groups are facilitated by experienced health professionals. For dates and times of current sessions, please contact the Patient Services Department at 214-819-1250.

## **Suicide Loss**

### **The Suicide and Crisis Center**

(Survivors of Suicide - SOS)

2808 Swiss Ave., Dallas, TX 75204

Locations throughout the metroplex

Contact: Lorraine Gurun, 214-828-7020

24 hr. crisis line 214-828-1000

[www.sccenter.org](http://www.sccenter.org)

## **Families of Homicide Victims**

### **Victim's Outreach**

Contact: John Cade, 214-358-5173

Individual and group counseling, resources for victims of violent crime, homicide support group.

### **Parents of Murdered Children**

Dallas contact: Jo Ann Starkey, 972-298-7398

Fort Worth contact: Rick & Judy Nesbit, 817-429-4928

## **Pet Loss**

### **SPCA of Texas**

214-651-9611, ext. 172

Support group first Saturday each month, 1:00pm

362 S. Industrial Blvd., Dallas, Texas 75207

[Info@animalcompanionsandtheirpeople.com](mailto:Info@animalcompanionsandtheirpeople.com)

## **Internet Resources**

### **Compassionate Friends**

[www.compassionatefriends.org](http://www.compassionatefriends.org)

This site addresses families coping with the death of a child of any age, from any cause. They maintain a chapter directory and other pertinent helps.

### **Death and Dying**

[www.webhealing.com](http://www.webhealing.com)

Resource for support groups etc.

### **GriefNet**

<http://rivendell.org>

Supervised by a practicing clinical psychologist, this site offers online grief support through over 30 e-mail support groups.

### **Teenage Grief**

[www.smartlink.net/~tag/index.html](http://www.smartlink.net/~tag/index.html)